

Swing Dance Safety Guidelines

Dance Floor Safety

- **No aerials, lifts, flips, or deep dips** on the social dance floor.
- Be mindful of your surroundings and practice good **“floorcraft”** - accidents happen, but do your best not to run into other couples!
- If you bump another dancer, simply apologize and keep the positive energy going

Consent & Respect

- Always respect any stated personal boundaries
- Anyone may decline or stop a dance **for any reason**
- If a person declines a dance, respect their decision
- Do not assume closeness or physical connection beyond what your partner is comfortable with - if you are unsure - Ask!
- If a move feels uncomfortable, painful, or too close, communicate this to your partner. You can also stop the dance at any time.
 - No harassment, unwanted touching, or inappropriate comments will be tolerated.
- Do not assume a willingness to accept an invitation to dance, or multiple invitations to dance, implies romantic interest. Saying “yes” to a dance is not saying “yes” to a date!

Social Dance Etiquette

- Please **do not teach or offer unsolicited corrections** during social dancing (or during the lesson). You may provide feedback on the social dance floor when it is requested by your partner.
- Focus on connection, dancing to the music (aka “musicality”), and having fun
- Be welcoming to beginners and invite new dancers into the community. Likewise, there is nothing to fear in asking more experienced dancers for a dance. We were all beginners at some point!
- Be respectful when accepting or declining dances. A simple “yes” or “no” is

appropriate in this environment

- Avoid consecutive dances with the same partner unless they are open to it. This is a social dance and it is typical to change partners every song!

Hygiene & Comfort

- Fresh clothes, deodorant, and clean hands are appreciated
- Avoid heavy perfume or cologne
- Bring an extra shirt if you plan to dance a lot - especially in the summer!
- Please stay home if you are sick or not feeling well

Alcohol Awareness

- Enjoy the bar responsibly
- If alcohol affects your ability to dance safely, please step off the dance floor
- Safety always comes before one more song or one more drink

Community Standards

Sons of Hermann Hall is committed to maintaining a **safe, inclusive, and welcoming environment for all dancers regardless of age, experience, race, orientation, gender identity, or background.**

Anyone making others feel unsafe may be asked to leave. If you experience or witness unsafe or inappropriate behavior, please make the DJ or the bartender aware of the situation.